FREE JINJA Natural Wellness Guide

A practical guide to what makes JINJA different, why people are paying attention, real user experiences, usage, packages, ordering, and the Multistream opportunity.

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JINJA Herbal Extract
750ml and 350ml bottle sizes

Inside	What makes JINJA different • Plant components • Research summary • Testimonies • Usage • Packages • Ordering
Best next step	Read this guide, visit heal.com.ng, then message Okwudili on WhatsApp for package guidance.

1. What Is JINJA Herbal Extract?

JINJA Herbal Extract is a Nigerian-produced polyherbal wellness extract associated with Multistream TM Ltd. It is made from selected African plant components and positioned for people interested in vitality support, natural wellness education, and responsible product use.

Clarification: JINJA does not mean ginger is the major component. JINJA Herbal Extract is a polyherbal formulation made from selected medicinal plants.

2. Why Many People Are Paying Attention to JINJA

JINJA is gaining attention because it combines traditional African herbal knowledge, clear product identity, NAFDAC registration, published scientific evaluation, and real user experiences from people who have used the product.

Many users describe JINJA as part of their natural wellness routine and speak positively about vitality, strength, appetite, energy, body balance, and general wellbeing. These experiences are personal, but they help new prospects understand why JINJA has become a strong product within the Multistream community.

3. What Makes JINJA Different

- It is not ordinary ginger drink; it is a documented polyherbal extract.
- It has clear label information, usage direction, NAFDAC registration, and manufacturer details.
- It contains selected plant components: Carpolobia alba, Cnestis ferruginea, and Heliotropium indicum.
- It is supported by published evaluation and real user testimonies.
- It offers both personal-use packages and a distributor opportunity for serious promoters.

4. Product Identity at a Glance

Item	Details
Product name	JINJA Herbal Extracts
Bottle sizes	750ml and 350ml
Taste	Bitter
NAFDAC Reg. No.	A7-1733L
Label indication	Promotes healthy libido and vitality
Adult direction on label	Take 30ml, 2 times daily
Storage	Store cool and dry below 40°C. Do not freeze.
Carefully formulated for	23 Dipeolu Street, off Awolowo Street, Ikeja, Lagos, Nigeria
Manufactured by	Kayfadh Herbalceuticals, 2 Odeyele Street, off Olumide Street, Targot Filling Station, Fajol, Abeokuta, Ogun State

5. Key Plant Components

The product label and published research identify the following components:

Component	Composition	Simple note
Carpolobia alba	15%	Traditionally associated with vitality and natural wellness.
Cnestis ferruginea	15%	Identified as one of the plant components of the formulation.
Heliotropium indicum	15%	Also known as Indian heliotrope; traditionally used in some local practices.
Water / eau	q.s.	Quantity sufficient.

Traditional use information is for education only. It is not a disease-cure claim.

6. Scientific Support and Product Credibility

Published evaluation helps prospects and distributors understand the product better, but it must be interpreted responsibly.

- One published study evaluated JINJA Herbal Extract for phytochemical constituents, GC-MS profile, and in-vitro antioxidant activity.[1]
- The study reported naturally occurring phytochemicals including flavonoids, saponins, cardiac glycosides, tannins, alkaloids, and phenols.[1]
- A separate toxicological evaluation described JINJA as a polyherbal formulation and reported no mortality or behavioral abnormalities in an acute toxicity test in Wistar rats up to 5000 mg/kg body weight, while recommending further research on long-term toxicity, cumulative effects, and interactions.[2]

Scientific support helps customers see that JINJA has product identity, plant documentation, and published evaluation behind it.

7. Real User Experiences and Testimonies

Testimonies are one of the strongest ways new prospects understand JINJA. Across different locations, users have shared personal experiences after using JINJA Herbal Extract.

To watch real testimony videos and see the full proof section, visit: https://heal.com.ng and open All Testimonies from the menu.

Personal experiences vary from person to person.

8. How Adults Commonly Use JINJA

Many users approach JINJA as a 90-day wellness routine. Individual experiences differ, so consistency and responsible use are important.

Situation	Guidance
General adult use	30ml in the morning + 30ml before bedtime.
Ulcer/stomach sensitivity	Eat first, wait about 20–30 minutes, then take JINJA.
No ulcer/stomach sensitivity	May be taken before food based on the recommended direction.
Water intake	Drink enough water daily. A general target is about 3 litres per day, depending on your body, weather, activity level, and medical advice.

9. Medication Spacing and Major Precautions

If you are taking doctor-prescribed medication:

- Do not stop your medication because of JINJA.
- Continue following your doctor’s instruction.
- Allow at least 2 hours interval between your medication and JINJA.
- If unsure, speak with a qualified healthcare professional.

Who should not take JINJA:

- Pregnant women
- Breastfeeding mothers
- Babies
- Children below 12 years of age

The product label caution mentions pregnant women, breastfeeding mothers, and children below 10 years. For safer public guidance, this guide uses the more cautious instruction: not for children below 12 years.

10. Natural Wellness Habits

A wellness product works better when the user also builds healthy habits. Keep the lifestyle simple and realistic:

- Drink clean water regularly.
- Eat more natural foods and fewer heavily processed foods.
- Sleep well and give your body time to recover.
- Move your body through walking, stretching, or exercise.
- Reduce unnecessary stress where possible.
- Avoid self-medication and seek medical advice when symptoms persist.
- Go for regular health checks when needed.

11. Foods and Habits Guide

Eat more often	Reduce or avoid
Vegetables such as spinach, ugu, kale, leafy greens	Excess alcohol and smoking
Fruits in moderate portions	Too much sugar and soft drinks
Beans, peas, legumes, fish, good protein sources	Too many processed foods
Nuts, seeds, whole grains, high-fibre foods	Poor sleep and long screen time without breaks

Eat more often	Reduce or avoid
Clean water instead of sugary drinks	Taking herbs and prescriptions together without spacing/advice

12. JINJA Packages

Package	Price	What it includes
Flexi	₦28,000	2 big bottles OR 4 small bottles
Booster	₦47,500	3 big bottles + 1 small bottle
Booster Max	₦54,000	4 big bottles
Standard	₦131,000	10 big bottles
Advanced	₦284,600	22 big bottles
Excel	₦566,200	44 big bottles
Flourish	₦1,123,000	87 big bottles + 1 small bottle

You receive product value for the money paid. You can buy for personal use, family use, retail sales, or as part of your distributor journey.

13. How to Order or Ask Questions

WhatsApp: +234 803 671 6495
Website: https://heal.com.ng
Suggested message: Hello Okwudili, I read the FREE JINJA Natural Wellness Guide. I am interested in JINJA Herbal Extract. Please send me the available packages and payment details.

14. Distributor Opportunity

Multistream TM Ltd is expanding its distributor network across Nigeria and beyond. Serious, teachable people can promote JINJA using WhatsApp, Telegram, Facebook, Instagram, landing pages, email follow-up, and simple digital marketing systems.

Distributor enquiry message: Hello Okwudili, I want to become a Multistream JINJA distributor. Please send me the details.

15. Quick Decision Guide

If you want...	Best next step
To understand JINJA first	Read this guide fully, then visit heal.com.ng for testimonies and more details.
To buy for personal/family use	Message Okwudili on WhatsApp and ask for the package that fits your need.
To sell or distribute	Ask about the distributor opportunity and the best starter package.
To use while on medication	Do not stop prescribed medication; keep 2 hours interval and speak with a qualified professional if unsure.

Before you start: Confirm you are not pregnant, breastfeeding, giving to a baby/child below 12, or using it against medical advice. Use responsibly and observe your body.

16. Mild Professional Disclaimer

JINJA Herbal Extract is a natural wellness product. It is not intended to diagnose, treat, cure, or prevent any disease.

Testimonials or personal experiences shared about JINJA are individual experiences. Results may vary from person to person. If you have an existing medical condition, are pregnant, breastfeeding, preparing for surgery, taking prescription medication, or unsure whether JINJA is suitable for you, consult a qualified healthcare professional before using any supplement or herbal product.

17. Sources

[1] Phytochemical constituents, GC-MS profiling and In-vitro antioxidant activity of JINJA Herbal Extract — https://www.plantsjournal.com/archives/2025/vol13issue3/PartC/13-1-28-579.pdf

[2] Toxicological evaluation of Jinja: A Local Herbal Mixture — https://www.doi.org/10.22271/tpi.2025.v14.i6a.26148

[3] National Eye Institute: Keep Your Eyes Healthy — https://www.nei.nih.gov/learn-about-eye-health/healthy-vision/keep-your-eyes-healthy

[4] CDC: Preventing Vision Loss — https://www.cdc.gov/vision-health/prevention/index.html

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